

The Cuffeparadian

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Editor's Desk

Education opens up opportunities for the rich and the poor alike. This is something **Ramesh Narayan** saw, understood and gave shape to, in the form of **Bhavishya Yaan 15 years ago**. You can read about it on

Page 8. And good education has to be backed by good parenting. **Ritu Sodhi** is one such parent, who has put into words her **learnings on good parenting** to share with fellow parents, who may stand to gain from her experience – **Page 9. Inauguration of the monument of Sadhu Vaswani** commemorated his life as a saint as also an educationist. He had started the Mira Movement in Education! You can read about the ceremony on **Page 10. #FemPowerYourself**, a unique educative seminar on empowering women to manage their investments, making them financially independent was conducted by Sapient Wealth in collaboration with CPRA. Read about the event on **Page 13**.

With the **Clean-Up Cuffe Parade Project** constantly reminding us to keep the pavements clean, it's very heartening to see pet-parents and their dog walkers putting in that extra effort to scoop up the poop after their furry babies. We have some clicks of these amazing **scooper heroes**. Sunday morning of 4th February, the Pet Park saw residents with their furry babies

come out to enjoy the **Wagathon 3.0**, the brainchild of our very own Ex-Corporator **Harshita Narwekar - Page 4**.

Smita Shah did the pet-lovers of Cuffe Parade proud by becoming the recipient of the **'Angel of Mumbai Award'**, at the Free Press Group of Newspapers event - **Page 6**.

A new chapter opened in the lives of Cuffe Parade Cricket enthusiasts with the inception of the **Cuffe Parade Cricket Club**. The friendly banter between a resident skipper and another resident dasher made for many amusing moments on the field. What better way for residents both young and old bonding over every Indian's favourite sport! You can read about the proud award winners on **Page 7**.

Some of our esteemed Cuffe Paradians were kind enough to share their **'views on the Interim Budget'**, and promised to once again write for us when the actual budget is announced post elections, when the new government takes charge. Read about it on **Page 12**.

March 8th is Women's Day. So, here's wishing all the Pretty Women a very Happy Women's month. Celebrate the month. You deserve it!

Cheers until next time.

Maneck Thakkar
Editor, The Cuffeparadian



Exams, New Walking Track, and Exciting Updates for Cuffe Paradians!

Hey everyone! The exam season is upon us, and we're sending BIG cheers and positive vibes to our young Cuffe Paradians writing board exams and to their parents too. Remember, rockstars give their best, and whatever the results, you'll always be Cuffe Parade legends.

Onto some exciting news! The Bay View Marina now boasts a beautiful new walking track thanks to the generous support of our **MP, Shri Arvind Sawant**. A huge shoutout to **Mr. Kanu Doshi** and **Mr. Shreekant Bhasin** for their contributions to the garden upgrade. And a heartfelt thanks to **Ms. Laura Dsouza, Ms. Aarti Wadhvani, and Mrs. Hansu Pardiwala** for leading the track project. – we appreciate your dedication! Further upgrades are already in the pipeline, so, Cuffe Paradians stay tuned for more exciting developments.

Calling all Community Champions! We're seeking some fantastic Cuffe Paradians to join forces with us! We're currently in talks with corporates to sponsor the two gardens at Bay View Marina. Think you can help your neighbourhood shine even brighter? And you could choose to contribute too! If you're passionate about our community, this is your chance to make a real difference. Let us know – we're looking forward to your support!

The football ground is getting a fencing makeover too! We can't wait to see this amazing new facility come to life. Remember the BVM Gardens fencing issue? (For those who may not know, the fencing around BVM Garden was broken during laying of the new tetrapods, but the new committed fencing wasn't implemented by the authorities. This, then lead to encroachments). Don't worry, we haven't forgotten either. Thanks to the dedicated efforts of our **Speaker, MLA Rahul Narwekar, Harshita & Makarand Narwekar**, and the collector's office, we've been working hard to restore the status quo as well as put up new fencing. The collector's office has inspected the site in January, prepared a *panchnama* and started the process of getting things back on track. Progress is happening. We'll keep you updated on the latest developments, and rest assured, a secure and beautiful garden awaits us! Together with BMC, local police, and our political representatives, we're committed to making Cuffe Parade even more safe and secure.

Speaking of progress, **Mr. Parag Udani** and **Mr. Roopesh Kaul** are leading the charge on converting leasehold properties to freehold. We encourage all CHS Managing Committees to pursue this aggressively for a secure future.

Finally, as summer arrives, let's all be mindful of our water usage. Every drop counts!

Stay awesome, Cuffe Paradians!

Manoj Poddar
President, CPRA

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KADI PATTA CHUTNEY



When we dwell on our childhood, we see a mosaic of memories that are rooted in our being.

These memories serve as “links” to our life’s past.

The “tinkling sound” of your baby girl’s delicate silver anklets...

The “fuzzy feel” of the thick, soft, warm, multi-hued “rajaiis” we snuggled into

Or,

The “distinct aroma” of a sharp, freshly ground chutney wafting through our whole home.

Sharing with you all one “link” or “kadi” of the long chain, binding our past to our present, our today...

Curry leaves/Kadi patta dry chutney

Had with idlis or dosas with a helping of hot ghee in my home for breakfast.

My family also relishes it with plain rice and a spoonful of hot ghee.

Curry leaves are a good source of iron, folic acid, and vitamins A, B, and C. Their

nutritional benefits are many.

In a nutshell, “We LOVE the chutney!”



INGREDIENTS:

1. 10 stems of Kadi patta (curry leaves)
2. 2 tbsp dalia (roasted chana dal)
3. 5 hari mirch (green chillies)
4. 1 tbsp of til (sesame seeds)
5. 2 tbsp of singh (roasted peanuts)
6. 2 tbsp of sukha nariyal (dried grated coconut)
7. 1 tsp of rai (mustard seeds)
8. Pinch of haldi (turmeric powder)
9. Pinch of hing (asafoetida)
10. Oil for vagar/tempering

METHOD:

Dry roast the curry leaves, chillies, sesame seeds, dried grated coconut for 7 to 8 minutes on a slow flame.

Transfer the roasted ingredients and peanuts to the mixer and grind them.

Make a tempering (vagar) of rai, haldi and hing and add it to the ground chutney.

And be ready to drift into unforgettable swirls of flavour!

~ Ameeta Ruparell Naik

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Pet Parents join hands with Clean Up My Cuffe Parade Project. It is truly heartening to see pet parents as well as pet walkers picking up after their furry babies. This shows empathy towards fellow Cuffe Paradians in the form of clean pavements, hygienic environs and saying "No" to health hazards caused by dog poop.

Pet Parents join hands with Clean Up My Cuffe Parade Project for a cleaner neighbourhood.



Wagathon 3.0



The Sunday of 4th February, saw S.B. Somani Park in Cuffe Parade come alive with with the warmth of community spirit and the joyful barking of pets, marking the much-anticipated Wagathon 3.0.

The park morphed into a kaleidoscope of colour, sound, and fellowship, thanks to the generous support of the BMC and the diligent organisation by local Ex-Corporator Harshita Narwekar, under the visionary guidance of Hon. Speaker of the Maharashtra Legislative Assembly, Shri Rahul Narwekar Ji.

Harshita, the driving force behind this gathering, expressed, "Wagathon 3.0 embodies the spirit of connection that binds

us, celebrating not just the love we share with our pets but the sense of belonging and joy that flourishes in our community when we unite for a common purpose."

Families and their furry companions revelled in a meticulously curated array of activities, from foot-tapping live music performances to creative art stations, food stalls, and a photobooth designed to capture the day's joyous moments.

The event was enriched by the collaboration with Rotary Mumbai Sobo and Love Your Parks, highlighting the collective effort that went into making Wagathon 3.0 a memorable affair. The local talent and businesses that came alive during the event stood as

a testament to the power of community support and engagement.

"Each smile, wag, and moment shared here today underlines the essence of Wagathon – community unity and the joy pets bring into our lives," remarked Narwekar, reflecting on the event's success.

The day was filled with laughter, companionship, and the playful sounds of pets, Wagathon 3.0 reminded us of the precious ties that bind our community together. It was a manifestation of love, camaraderie, and the collective joy that makes our neighbourhood a wonderful place to live.

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Cheti Chand

The Sindhi community is known for its vibrant culture and rich heritage and have cultivated a unique identity shaped by their language, cuisine and a blend of diverse cultural influences. Renowned for their entrepreneurial spirit, resilience, and deep-seated traditions, the Sindhi community continues to play a significant role in various spheres, enriching the social and cultural tapestry wherever they reside.

CPRA (Cuffe Parade Residents' Association) has a large Sindhi population and is planning a mega Cheti Chand Celebration with a Jhulelal jo Melo at Radio Club Pier on 6th April, 2024, where we will be celebrating this festival in the true Sindhi traditional way!

We are seeking support in the form of sponsorships and donations. We will also have stalls for entrepreneurs who would like to participate in this event.

Please contact the undersigned for more information.

Hansu : 9821241801 Aarti : 9818785649



Smita Shah receives her prestigious Angels of Mumbai award

Smita Shah gets the Angel of Mumbai Award for her work in Animal Welfare...

February 16th, saw a very meaningful event organized by the *Free Press Journal Group* of newspapers - The presentation of their annual Angels of Mumbai awards. These awards salute the selfless service of people who live in our midst and work quietly for the community.

Our very own Cuffe Paradian, Smita Shah was awarded as an Angel of Mumbai at this meaningful event. Smita's commitment to the cause of animal welfare and her unwavering

devotion to our "community pets" is well known.

She has been coordinating the feeding of these community pets, as well as medical care and sterilization as the most humane way to tackle this issue.

An audio visual explained the wonderful work she has been doing and then she was presented with the award.

It is a matter of pride for all Cuffe Paradians, that one amongst us has been selected by an elite jury for this award.



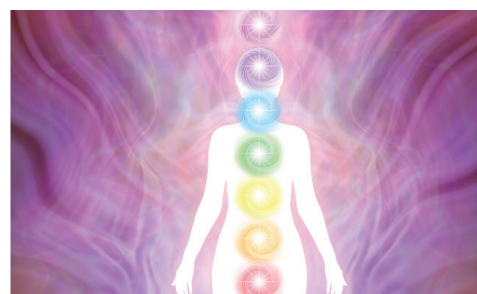
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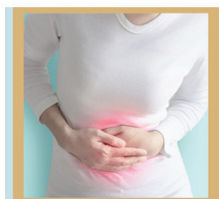
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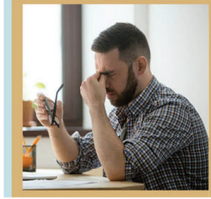
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SPORTS ROUND UP



Cuffe Parade Cricket Club supported by CPRA

Cuffe Parade Cricket Club came into existence with the objective of providing a common platform for channelising skills, ambitions and love for the game.

It was inaugurated by Corporator Mrs Harshita Narwekar.

Cricket enthusiasts from the age of 16 to 56 regularly practice and play matches.

Cuffe Parade Cricket Club held its first Annual Awards function on 16/02/24 at Radio Club.

Recipients of awards are:

1. Manan Gupta - Best All Rounder
2. Ibrahim Dohadwalla - Express Bowler
3. Akshay Agarwal- Thunderbolt Bowler

4. Madhav Kejriwal - Yuvaraj of CPCC
5. Ashish Ghia - Best Team Spirit
6. Amit Munde - Best Reliable Player
7. Tarun Vig - Steadfast Bowler
8. Arjun Gupta - Most Impact Player
9. Dilip Ahuja - Best Emerging Bowler
10. Dhruv - Best Team Spirit
11. Jineet Rath - Best Team Spirit
12. Jothi Krishnan - Best Flight Bowler

Submitted by Cuffe Paradian and
Captain of the team Jothi Krishnan



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RCB Bhavishya Yaan turns 15...



Neeta Pradhan Ex Academic partner- Vidya, in discussion with the Bhavishya Yaan Alumni



Past President & Cuffe Paradian Vineet Bhatnagar talks about Bhavishya Yaan's journey

The widely acclaimed student enrichment program curated by the Rotary Club of Bombay (RCB) along with academic partner Vidya turned fifteen on February 10th.

A very well attended event was organized and the journey of this successful program was chronicled.

This program is relevant to us not just because it could motivate others to help young underprivileged youth but because one of the schools impacted is the Colaba Municipal school.

Also, several Cuffe Paradians including **Ramesh Narayan, Vineet Bhatnagar, Bijal Kara, and Murari** to name a few have been closely associated with this program.

The program was launched in 2009 when a small group of Rotarians felt that a large restless young population who would be literate but not educated, combined with a

62% drop-out rate in Municipal schools was not something this country needed.

The idea was to teach spoken-English, computer skills and life skills to underprivileged students in one Municipal school at Worli. An air-conditioned computer room was set up and the project was launched, with the name **Bhavishya Yaan, or Mission to a Bright Future, the brainchild of our very own Cuffe Paradian Ramesh Narayan.**

In record time the program was expanded to 6 Municipal schools by the RCB and three schools run by other Rotary Clubs.

Apart from the subjects taught, the students were given the all-important "exposure". This took the shape of talks from interesting people like **Jason Lewis the first person to circumnavigate the world on human power, Steven Spender the Oscar Award winning Hollywood Director, Stephan Haves the Director of Cirque du Soleil,** to

name a few. Their Annual Days saw the then **Commissioner of Police D. Sivanandhan, the then Chief Secretary V. Ranganathan, and celebrities like Varun Dhawan, Kajal Agarwal, Diana Penty and Gulshen Grover** interacting with the students. **Shankar Mahadevan** performed at a Fund Raiser for the program and visits were organised to see naval Ships, and television shows like *Jhalak Dikha Ja* and *Big Boss*. The students were invited to partake in celebrity cricket matches and Christmas parties at top Clubs like CCI.

It was hoped that after retaining the students and getting them to pass their school Board exams they could be gainfully employed in the booming retail sector. However, along with spoken English, computer skills and life skills, the students had also learnt how to dream.

They wanted to go to college. And the RCB organized a Scholarship Fund to help them through their higher education. In fact, even after they completed their education and got good jobs, they were exposed to a unique Equine Youth Leadership program, and they had several interactions with authors, monks and mature cinema actors who gave them life lessons.

As they say, the Mission to the Bright Future continues. And the Future is Here in the form of the bright young citizens of India. And the best part of the program is that many students now return to give back to society. Good, as they say, has a way of going around.



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A Cuffe Paradian shares her learnings in good parenting



Ritu Sodhi

I was only 34 years old when I lost my husband in a road accident in 2007. My father collapsed due to a brain haemorrhage on the same day. I was fragile like a glass at that time.

Life gave me a chance to overcome all the adversities when I joined a government job in 2013. I was transferred to Mumbai in 2021 December. I am a single parent of two young boys whom I have nurtured with compassion and courage. Elder one is working in an MNC and got married in 2020. The younger one is studying at IHM Shimla. I am into spirituality and it gave me a chance to understand the suffering of others.

Giving birth is difficult but raising a child is even more. Your home must be filled with smiling pictures of your children. But what happens when your child becomes aggressive or does not listen to you?

Taming aggression in children is difficult but not impossible. Today more children are being raised in a relatively comfortable environment. One, in which people are

willing to buy them almost anything they want. If children continue to be indulged in this way, they will grow up to be such people who avoid anything unpleasant and end up weak and defeated in life.

Your Child is not a trophy to boast of:

It's important to understand that you are raising a child and not a trophy. You must give them comfort, but do not forget to show them the reality of the world.

Some parents try to use their children to fulfil their dreams. In this journey, they ignore their own children's dreams and capabilities. You cannot make a Sachin Tendulkar or a Kishore Kumar, if you do not understand their real potential.

Giving space to your child is a good idea:

Allow your child to breathe. Let the child get the space required to absorb all that is happening in daily life.

As a parent, you may expect your child to follow all your directions and instructions. While this is a comfortable spot for you, it

can be extremely frustrating for your child. Children feel miserable when they are not given any choices and are forced to go by what is expected of them. This can also damage your connection with them. As your child grows with time, he would strive for more independence. Your constant need to control him may lead him to become rebellious or stubborn.

Carve out a good human:

Do not make it a mission to show off the achievements of your child to the whole world. There might be some average children who feel insecure in your brilliant child's presence. Maybe your child starts bullying the other children and may turn into a different person who will be quite difficult to handle in the future.

These are simple yet very effective points to keep in mind while raising your children. They will automatically follow your path and become wonderful human beings.

Words – Cuffe Paradian Ritu Sodhi

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Inauguration of Sadhu T.L. Vaswani Monument



A very well attended event



Monument of Sadhu Vaswani inaugurated with great fanfare



The inauguration of the Sadhu T.L. Vaswani Monument was a defining moment, graced by the esteemed Didi Krishna Kumari, Head of the Sadhu Vaswani Missions, and the dedicated service and support of our Ex Corporators Harshita Narwekar and Makarand Narwekar, who have always come forward to support such noble initiatives which are a source of inspiration to the residents of Cuffe Parade. The ceremony was elevated by the devotional

renditions of Kajal Chandiramani, which paid a heartfelt homage to Sadhu Vaswani's enduring legacy. The event was not merely an inauguration but a pledge of continued dedication to community welfare and the shared vision of a brighter future. The monument stands as a beacon

of progress, rooted in the profound teachings of Sadhu Vaswani and reflective of the proactive governance of our times. As the attendees departed, they carried with them an inspired spirit, charged with a renewed commitment to serve the community and to further the cause of unity and progress in Mumbai. The event truly epitomized the harmonious message that the Sadhu T.L. Vaswani Monument intends to impart.

A few residents planted trees in memory of their loved ones on Sri Ram's Pran Pratistha day...



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Ramesh Narayan planted a coconut tree in memory of his mother-in-law Mrs. Kausalya Srinivasan



Bijal and Hiren Kara plant a coconut tree in memory of Mr. Naresh Kara



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Cuffe Paradians share their views on the Interim Budget



CA Brijmohan Chaturvedi

The Interim Budget 2024 laudable for its Universal approach to development. With the forward-thinking approach on adequately equipping and empowering the youth, promoting the empowerment of women, ensuring the welfare of farmers and the agriculture sector, From Sustainable Development to promising better healthcare, however with no major alterations in the Customs, GST or Direct Taxes Aspect. India's Real GDP was envisaged to grow at 7.3 %, we welcome the strategies indicating directions and initiatives for making India "Viksit Bharat" by 2047.

CA - Brijmohan Chaturvedi

The Unusual in the Usual

Finance Minister Nirmala Sitharaman covered the usual topics in the Interim Budget 2024 - welfare, infra, geopolitics, finances, the regulatory environment, agriculture, railways, energy. The recently increased focus on environmental friendliness and tourism remained high on the agenda, again, not unusual.

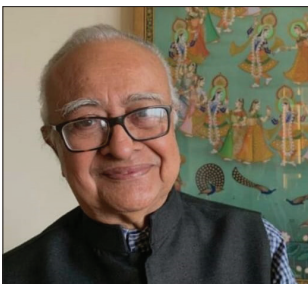
What was unusual was that the slogan ('Reform, Perform, and Transform') has been received with significantly higher credibility than similar ones historically have been. Announcements regarding the India-Middle East-Europe Economic Corridor, three significant corridors for railways, 'deep tech' for the defence sector and the green energy initiatives demonstrated how the budget projected the increasing confidence Indians feel, despite the global headwinds.

Staying clear of "spectacular announcements", this budget was, simply put, a prudent budget, with the added effect of revealing the confidence felt for the upcoming elections this year.



Nishant Shah

Nishant Shah (FCA)



CA Kanu Doshi

The finance minister had clarified well in advance that her budget of 1st February will be more a vote on account and the full-fledged one will be post Lok Sabha elections and hence there were no changes in Tax provisions. However, she has provided a broad direction in which the Government will take on fiscal issues. Thus, there will be lower Govt borrowing, lower fiscal deficit, lower inflation and more private sector spending on capital expenditure. Thus, the industry and hence capital markets have welcomed her proposals; by Sensex scaling new highs and shopping malls, restaurants and hill stations all celebrating these initiatives in high spirits.

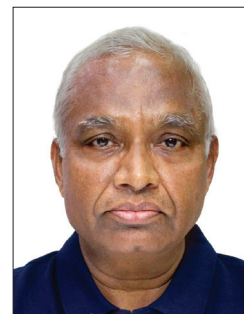
CA - Kanu Doshi

Key Changes in Direct Taxes in the Union Interim Budget 2024

The Govt has recently introduced faceless assessments, appeals thereby providing greater efficiency, transparency and accountability to the tax department. The average processing time for ITR has been reduced to 10 days which was earlier 93 days in the year 2013-14.

There was an announcement of a tax proposal for withdrawal of any outstanding direct tax demands which are pending before financial year 2009-10 up to Rs.25,000/- and between financial year 2011-2015 up to Rs.10,000/-. This is expected to benefit approximately one crore taxpayers. There will be no interest, penalty on this and a maximum of Rs 1 lakh per taxpayer will be waived off. It must be noted that no TDS or TCS pending demands or prosecution will be waived.

As regards Tax Credit at Source (TCS), there has been a proposal to amend provisions relating to amounts when remitted abroad. In case of expenditures relating to medical and education expenses which need to be incurred and amounts needs to be remitted abroad, there has been a proposal now to have 5% TCS (earlier the limit was NIL up to Rs.7.50 Lakhs. Further, there is a proposal to introduce 20% TCS for all other remittances abroad (Earlier there was a limit up to 7.50 Lakhs up to which TCS was 5%).



CA Dilip Shah



CA Raaj Shah

CA - Dilip Shah & CA - Raaj Shah

Empowering Women: #FemPowerYourself Event by Team Sapiant Wealth in collaboration with CPRA

In a bid to empower women and enhance their financial literacy, Team Sapiant Wealth organised the much anticipated **#FemPowerYourself** event for the residents of the CPRA. With a focus on finance and investments, the event aimed to equip women with the knowledge and tools necessary to take control of their financial futures.

This session that was arranged by Pratiek Trivedi, Associate Partner at Sapiant Wealth, was held on 03rd February 2024, was a resounding success, drawing in a diverse group of women eager to expand their financial understanding. From seasoned investors to those just beginning their journey into the world of finance, attendees were treated to an informative and engaging experience.

One of the highlights of the event was the expert-led workshop and seminars covering a wide range of topics relevant to finance and investments. Participants had the opportunity to learn about budgeting, saving strategies, understanding different investment vehicles, and planning for retirement. These sessions were designed to demystify complex financial concepts and

provide practical advice that attendees could apply to their own financial situations.

Moreover, the event fostered a supportive and collaborative environment where women could network with like-minded individuals, share experiences, and gain valuable insights from each other. The sense of camaraderie and empowerment that permeated the event was truly inspiring, with attendees leaving feeling motivated and empowered to take charge of their financial lives.

In addition to the educational sessions, **#FemPowerYourself** also featured interactive activities and Q&A sessions where participants could engage directly with financial experts and industry professionals. This interactive format allowed attendees to address their specific concerns and gain personalized advice tailored to their individual circumstances. Numerous participants engaged with Pratiek Trivedi, Associate Partner at Sapiant Wealth, expressing a desire for personal meetings to delve into investment opportunities further.

As the event ended, the energy and enthusiasm in the room were palpable, with attendees expressing gratitude for the



The speaker addresses a packed hall of an enthusiastic audience

invaluable knowledge and empowerment they had gained. **#FemPowerYourself** proved to be not only a celebration of women's empowerment but also a catalyst for positive change in the realm of finance and investments.

In conclusion, the **#FemPowerYourself** event arranged by Pratiek Trivedi from Sapiant Wealth was a resounding success, leaving a lasting impact on all those who attended. By empowering women with the knowledge and confidence to navigate the world of finance, the event served as a beacon of hope for a future where women are truly empowered to take control of their financial destinies.



SapiantWealth

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To get started, Contact:

Pratiek Trivedi, Associate Partner
+91 99309 91799 | pramt@sapiantwealth.co.in



AMFI Registered Mutual Fund Distributor

Thunderbolt Pose

Technique:

Kneel on the floor with back erect. Pull your knees and ankles together and point your feet in line with your legs. The soles of your feet should face upward, with toes spread apart and with big toes touching each other.

Exhale and sit back on your legs, not allowing your heels to separate. Your heels should be under your sit bones, thighs resting on calves. Rest your hand on your thighs, palms facing downwards. Adjust your pelvis slightly backward and forward until you are comfortable.

Use your head to pull your body upward and press your tailbone downwards.

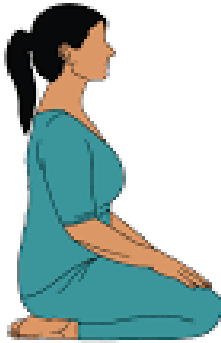
Maintain the pose for 1-10 minutes and breathe normally.

Benefits:

- Tones stomach and improves digestion
- Strengthens spine
- Quietens the mind
- Balance vayu dosh
- Massages pelvic organs
- Improves flexibility of the toes, ankles and the knees
- Deepens arches of feet
- Tones gonads

- Reduce fat around stomach, thighs and calves
- Increases blood circulation to the abdominal region
- Relieves backaches and arthritis
- Combats urinary problems, menstrual cramps.
- Addresses gastro-intestinal disorders, constipation and dyspepsia
- Regulates diabetes and disorders of reproduction and excretory system
- Combats stress, asthma, peptic ulcers and colitis

VAJRASANA



Caution:

This asana should be avoided for those suffering from knee, ankle injury, spinal cord, or intestinal issues.

Disclaimer:

Some of the poses mentioned here may not be suitable for everyone or may require some modification. If you

have doubts, feel free to reach out to me at anshukgoil@gmail.com. 9820303050.

**By Cuffe Paradian
Dr. Anshu Goil -
Certified Yoga Practitioner**

हमारा प्रिय गार्डन Bay View Marina



Pushpa Agarwal Dharnidharka

कफ़ परेड की शान है
बे व्यूह मरीना गार्डन,
जो भी इस उपवन में आए
बाग बाग हो जाता मन।

आसमान को छू रही
पचरंगी जल की फुहार,
खूबसूरत फ़व्वारा
प्रथम करे स्वागत सत्कार।

रंग बिरंगी पुष्प खिले हैं
चहूँ ओर है हरियाली,
नील गगन में उड़ते पंछी
सुबह शाम सूरज की लाली।

सागर की उत्ताल तरंगें
इसके किनारों से टकराती,
पुरवैया की शीतल खुशबू
सबके मन को बहुत लुभाती।

नन्हे मुन्ने झूला झूले
टीनएजर्स खेले फुटबॉल,
वॉकिंग करने वालों की
कहीं तेज़ कहीं धीमी चाल।

कभी भजन कभी झंडा वंदन
कभी है होली का हुड़दंग,
खाओ पीओ पतंग उड़ाओ
मित्र सखी सब मिलकर संग।

बुजुर्गों ने यह वृक्ष लगाए
युवक युवतियों ने सींचे,
बच्चे मीठे फल खाएँगे
हम सबके सर गर्व से ऊँचे।

कल नई पीढ़ियाँ आएँगी
गार्डन भी नए बन जाएँगे,
BVM सबसे सुंदर होगा
“पुष्प” हज़ारों खिल जाएँगे।

Poem by Pushpa Agarwal Dharnidharka



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(Tuesday to Thursday)

6.45pm to 8.15pm

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